

64<sup>th</sup> Berea Kiwanis Titans Relays: Friday, April 30, 2021

@ Brunswick HS Track/Stadium

Registration Information:

**Running Events** – All heats are slow to fast; girls running first in all events.

- Distance Medley- 1200-400-800-1600 (college order); White start line, 2 turn stagger

-JV Distance Medley- 800-400-400-800 (**non-scored**, ribbons given)

(\*\*Use **Middle Medley** for JV Distance Medley entries)

-Sprint Medley- 100-100-200-400; White start line, 2 turn stagger, yellow-yellow-blue

-JV Sprint Medley- (same as varsity, **non-scored**, ribbons given)

(\*\*Use **Sprint Medley (9<sup>th</sup> or JV)** for entry)

Results will be posted @ [baumspage.com](http://baumspage.com) (not mailed)

**\*\*2021 Change: 2 athletes per field event relay team\*\***

**Event/Time Schedule**

1:00 **Pole Vault:** Two (2) per team, alphabetical order by school. (*Starting heights have changed.*)  
One pit will be operating (girls, then boys)  
Boys: **10-0**, 10-6, 11-0, 11-6, 12-0, 12-6, 13-0 & ...6" thereafter, unless challenging meet record  
Girls: **7-0**, 7-6, 8-0, 8-6, 9-0, 9-6, 10-0, 10-6 & ...6" thereafter, unless challenging meet record

1:00 **High Jump:** Alphabetical order by school  
Girls: 4-6, 4-9, 5-0, & 2" thereafter.  
Boys: 5-6, 5-9, 6-0, & 2" thereafter.

**\*\*\*Each team must supply their own implements. These implements must be weighed/approved during the allotted period. There will be NO SHARING of implements between teams.\*\*\***

1:00 **Discus** Alphabetical order by school.  
**Each thrower will get 3 throws.**  
Marker will mark throws. Subsequent throws must be further than marker in order to be measured.  
Flights will be announced & posted on the day of the meet.

**Shot Put** Alphabetical order by school.  
**Each thrower will get 3 throws.**  
Marker will mark throws. Subsequent throws must be further than marker in order to be measured.  
Flights will be announced & posted on the day of the meet.

1:30 **Long Jump** Open Pit: Boys & girls should have steps marked by 1:30. **\*\*2021 change\*\*** There is one LJ pit. Jumpers will jump when they are able to, regardless of gender.  
*\*Athletes competing in the high jump will be given the opportunity to get their steps down prior to their first jump, but must inform the officials at the site.*  
Jumping will conclude by 5:00 pm, unless delayed by weather.  
Tie-breaker: best individual jump

2:45 **4 x 1600 Relay** One heat, girls first. In the past we have had greater success timing this event with your help. We are asking you or an assistant to be @ the starting line for this race to count laps & time **your** team. We will try our best to keep track of teams, but your help is greatly appreciated. (Sometimes the timing crew cannot set up by this time, which is why we need your assistance.)

**Girls 3200 M** Run one entry per school, green start line, one turn stagger.

4:45 **Opening Ceremonies** National Anthem

5:00 **Running Events** – All heats are slow to fast; girls running first in all events.

Distance Medley- 1200-400-800-1600 (note: college order); White start line, 2 turn stagger

JV Distance Medley- 800-400-400-800 (non-scored, ribbons given)

Sprint Medley- 100-100-200-400; White start line, 2 turn stagger, yellow-yellow-blue

JV Sprint Medley- (same as varsity, non-scored, ribbons given)

**\*\*2021 Change: No Shuttle Hurdle Relay. Instead, 110m HH/100m H, 1 entry per team, timed final.**

4 x 100 M Relay-White start line; yellow-yellow-yellow

4 x 800 M Relay-White start line; 2 turn stagger

4 x 200 M Relay- Red start line; red-red-yellow

**Boys 3200 M Run**-One entry per school; Green start, one turn stagger

4 x 400 M Relay-Blue start line, 3 turn stagger, blue-California, California

### **Head Coaches!**

Welcome to the 2021 Kiwanis Titan Relays. . Please make sure to share your feedback/suggestions with me.

This year's meet will be held at Brunswick HS's track/stadium, due to BW/OAC/COVID conflicts. Our plan is to return to Finnie Stadium in 2022 to experience their new Mondo Track surface for the first time. We'd like to thank Brunswick for allowing us to use their beautiful facility to continue the tradition of the Titan Relays (64<sup>th</sup> edition!).

At the present time (as of March 1, 2021) we are working on COVID – safety protocols & procedures for the 2021 edition of the Titan Relays. Rather than post a bunch of stuff & have to change it, please come back to the Berea-Kiwanis Titan Relays link & check for updated information as the meet gets closer.

We ask that athletes not loiter on the field nor interfere with the proceedings. Be cognizant of what is going on around you; do not cross the track during events, and no running alongside teammates. That can get your team disqualified. **Please have your athletes** (non-racing) **stay away from the finish line during races.** Enthusiasm & support are good, but temper it with common sense & composure.

- 1) You will make all **changes in field events** at the **event area**. It will help the officials/judge if changes are made at least 15 minutes prior to the start of the event (not just your flight, but the event starting time). Please let the judge know if you do not have a team entered today. **Please have your Pole Vault Certification card filled out & turned in to the official working the pole vault before the event begins.**
- 2) Please turn in relay cards/sheets to the press box by 4:15 **for changes only**. I have attached a copy of the relay sheet to this email, so you may bring it completed to the meet, but only use it for changes. **We do not have a scratch window period, so this is where your scratches/changes can be made & taken up to the press box.** If you make changes during the meet, please let the clerk in the bullpen know, and then let the folks in press box know (if you'd like the correct names to be listed in the results). As mentioned before, please help (or have an assistant help) with the **4 x 1600 M relay**.
- 3) We will use the standard, 8 place scoring system (10-8-6-5-4-3-2-1). JV events will not be counted in the team scores, but ribbons will be awarded based on finishing place. \*
- 4) **\*\*\*Change\*\*\*** 1<sup>st</sup> & 2<sup>nd</sup> place finishers will receive medals, while 3-8<sup>th</sup> placers will receive ribbons. In past years, winners received Titan Relays T-shirts. We hope to return to that in 2022, but this year we are just doing medals & ribbons.
- 5) At the conclusion of the meet, a male/female Field MVP & a male/female Running MVP will be awarded. **\*\*slight 2021 change\*\*** We ask the coaches to cast ballots for these awards and assist us in choosing the most deserving recipients.
- 6) ¼" pyramid spikes only on the track.

- 7) Exchange zones may be marked with tennis balls only (no tape or chalk).
- 8) Shot Put & Discus: ***Weigh-ins for implements will be from 12:00 to 12:50, located at a table/tent by the throws area.***
- 9) Long jump will be OPEN PIT again this year. **\*\*There is one pit @ Brunswick. \*\*** (See event details in the time schedule.) Jumpers should get their steps marked prior to the 1:30\* start of the event. Jumpers will be permitted to take all four jumps in succession if they are competing in another field event. Athletes must inform the event official if they are competing in another field event prior to the start of competition.
- 10) In the high jump, the bar will be held for 5 minutes only. The same is true for the pole vault, with the bar being raised to the next height after the 5 minute hold & cannot be lowered.
- 11) We are working on details re: hospitality/food for coaches & officials.
- 12) Team Trophies for the winning girls & boys team, plus a combined score co-ed trophy to the top team.
- 13) Please feel free to call me or text me @ **440-665-4034**, or email me @ [richardemack1@gmail.com](mailto:richardemack1@gmail.com) . Also, there is a Twitter account for the Titan Relays:  
***Titans Relays@ TitanRelaysBMHS*** that you can follow for up-to-the-minutes information. Feel free to dm me at that site as well.
- 14) Please check back on the Baum's page site/link for updated information. We hope to have complete details worked out soon.
- 15)
- 16) We look forward to seeing you on a sunny April 30<sup>th</sup>!

**Rick Mack, Meet Manager**

**440-665-4034**

**[richardemack1@gmail.com](mailto:richardemack1@gmail.com)**